



Gymnastics
Victoria

Session Schedule

2024 N.E. Regional Coach Conference

Time	Workshop	Presenter
9:00 am - 10:30 am	Behavior Management	Nerida King
10:45 am - 12:15 pm	Creative Ideas and Games for Recreational Classes	Nerida King
LUNCH		
12:45 pm - 2:15 pm	MAG Apparatus for Gymstar Athletes	Jeff Young
2:30 pm - 4:00 pm	Bar Basics, Circuits and Progressions	Jeff Young
4:15 pm - 5:45 pm	Progressions and Regressions to keep Gymnasts Challenged and Engaged	Goele Schmitz