

RG Beginner Judging Course Pre Course Information

Your preparation prior to attending a course

Prior to attending the course we expect all candidates have a broad understanding of the content of the RG Australian Levels Program, and the information specific to the levels of accreditation you are pursuing.

You have enrolled in a **Beginner** course.

The required reading for the course is the **RG Australian Levels Program (ALP) manual, and the FIG Code of Points, Execution Technical section with appropriate penalties** .

Before you come to the course it is recommended you meet with an experienced judge to develop an understanding of the content you will be presented with during the course itself.

What to bring with you

Bring your copy of the RG Australian Levels Program manual, making sure you go to the GA website to check whether there are any published clarifications relevant to the manual.

- The **errata** is available on the Gymnastics Australia website, by following the menu options; Gymsports, Rhythmic Gymnastics, Competitive Framework and Programs http://www.gymnastics.org.au/GA/Gymsports/Rhythmic_Gymnastics/Competitive_Framework_and_Programs/Shared_Content/Gymsports/RG/RG_Programs.aspx?hkey=93eca13d-8696-4169-ab6d-08023b353d5a
- Paper and pencils.
- Lunch.

During the course

Once you are at the course you will be given a **Course Workbook**. If at any stage you would like concepts explained further please ask a question. Although throughout the course questions may arise that need further clarification, these will be noted by your presenter and followed up.

Final checklist before attending a course

Have you



Downloaded a copy of the RG Australian levels Program



Checked for any errata and updated your copy of the manual



Read through the relevant section of the RG Australian levels Program, especially the glossary of terms



Spent some time in a gym looking at how the gymnasts perform the skills relevant to your level



Talked to other judges about how they practice their skills in relation to the RG Australian levels Program



Checked the time and venue for the course, packed your manual, some blank paper and pens ready for the learning ahead.

Useful Links

Gymnastics Australia

www.gymnastics.org.au