

Online Advanced Coaching Principles Course

ACR/GfA/MAG/TUM/WAG Module 1: Spotting Log Book

Name: _____

Date: _____

The candidate must demonstrate they can spot / support the progressions for each of the skills listed in the Spotting Log Book to complete the assessment task.

Apparatus: Skills	Candidate signature I can spot these progressions	Mentor signature	Print mentor's full name	Date
VAULT: Front tuck to 30 / 60 cm matting				
VAULT: Handspring to feet (over Vaulting table)				
FLOOR: Forward handspring				
FLOOR: Backward handspring				
FLOOR: Back somersault (tuck)				
FLOOR: Front somersault (tuck)				
FLOOR: Round-off back handspring				
FLOOR: Round-off back handspring, back somersault (tuck)				
TRAMP: Front somersault (tuck)				
TRAMP: Back somersault (tuck)				

Additional extension skills

These skills are not required for completion of the Assessment Task, however it's strongly recommended you learn how to spot these prior to attending the Advanced Face to Face Course.

VAULT: Front layout to 30 / 60 cm matting
FLOOR: Back somersault (pike, stretched)
FLOOR: Front somersault (pike, stretched)

FLOOR: Backward whip somersault
TRAMP: Whip back

ACR/GfA/MAG/TUM/WAG Module 1

Do you intend on gaining your Advanced ACR, MAG, TUM or WAG Coach Accreditation?

You'll need to complete the gymsport-specific Module 2-4 Spotting Log Book before attending the Module 2-4 Face to Face Course. See this page for more information: gymnastics.org.au/spottinglogbook