Advanced Coaching

Pre-Course Requirements

Coaches wishing to attend this course must have completed the following prior to attending;

- Online Courses
 - Advanced Coaching Principles
 - Advanced Theory 2 (gymsport Specific)
- All Advanced Assessment Tasks
 - Uploaded to the LMS and approved (Please allow at least 4 weeks for assessments to be marked)
- Practical Course
 - Purchase the practical 2 course for module 2 to 4 (or Practical 1 & 2 for full advanced course)
 - Enroll into the training event that suits you

Coaches must also supply an athlete demonstrator for the full duration of the course.

The athlete demonstrator does not need to be capable of all skills listed on the Spotting Log book, but should be capable of all the pre-requisite drills and skills and must be in the process of learning the skills listed in the spotting log book.

For athlete safety and welfare, there is to be no sharing of athlete demonstrators between clubs. Under no circumstance can the ratio of athlete demonstrators to coach participants exceed 1:2.