

Advanced Coaching Course - Module 1



Pre-Course Requirements

Coaches wishing to attend this course must have completed the following prior to attending;

- **One (1) of the online courses;**
 - Online Participation Module OR
 - Advanced Coaching Principles
- **GA 2.2 Spotting Log Book**
 - Uploaded to the LMS and approved
- **Practical Course**
 - Purchase the practical course
 - Enroll into the training event that suits you

Coaches must also supply an athlete demonstrator for the full duration of the course.

The athlete demonstrator does not need to be capable of all skills listed on the Spotting Log book, but should be capable of all the pre-requisite drills and skills and must be in the process of learning the skills listed in the spotting log book.

For athlete safety and welfare, there is to be no sharing of athlete demonstrators between clubs. Under no circumstance can the ratio of athlete demonstrators to coach participants exceed 1:2