

UniCoach

National Gymnastics Coaching Accreditation



Gymnastics Victoria

UniCoach Gymnastics Coach Accreditation

User Guide

For any technical assistance please contact the Gymnastics Victoria Office



T: (03) 9214 6020

E: education@gymnasticsvictoria.org.au

W: www.studygym.com.au

UniCoach Gymnastics Coach Accreditation

User Guide

Step 1:

Fill in the Online Enrolment form; you will be required to make payment at this stage (\$75). Please click on this link below.

<http://www.studygym.com.au/index.php/unicoach>

Step 2:

You will receive a confirmation email from Gymnastics Victoria, with your login/password details for the Learning Management System (LMS). The LMS is where you will complete the Gymnastics for All Online Coaching Courses. The LMS is a Gymnastics Australia product; you can access the LMS at the link below.

<http://learning.gymnastics.org.au/topclass/topclass.do?login>

Step 3:

Please log in to the LMS using the details supplied in the email. Enter the email, password and then click 'Log In'.



Sign in

Email

Password

[Reset password](#)

Step 4:

You will now see your homepage. You will need to click on 'Launch' to start the Beginner Coaching Course – Online.

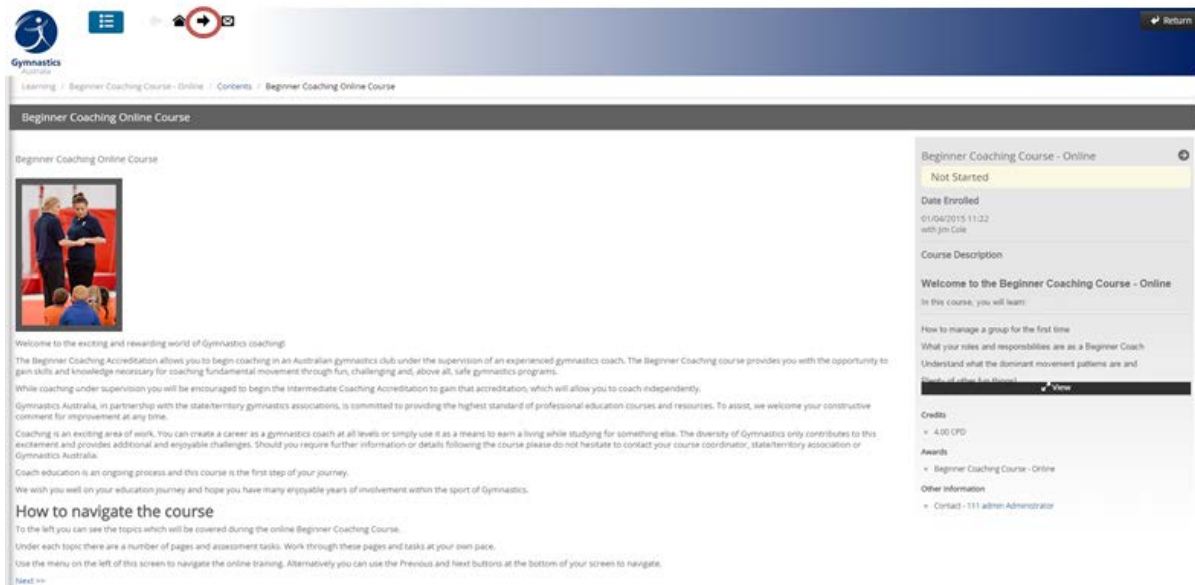
The screenshot shows the LMS homepage with a navigation menu on the left and a table of courses. The 'Launch' button in the 'Action' column of the 'Beginner Coaching Course - Online' row is circled in red.

Title	Type	Start Date	Status	Sport Code	Function	Grade/Level	Action
Beginner Coaching Course - Online	Online		Not Started	General	Coach	Beginner	<input type="button" value="Launch"/>



Step 5:


Once you have launched the course, you will see the next screen welcoming you to the course. You can now navigate through the course by using the arrows at the top the page.



Learning / Beginner Coaching Course - Online / Contents / Beginner Coaching Online Course

Beginner Coaching Online Course

Beginner Coaching Online Course



Welcome to the exciting and rewarding world of Gymnastics coaching!

The Beginner Coaching Accreditation allows you to begin coaching in an Australian gymnastics club under the supervision of an experienced gymnastics coach. The Beginner Coaching course provides you with the opportunity to gain skills and knowledge necessary for coaching fundamental movement through fun, challenging and, above all, safe gymnastics programs.

While coaching under supervision you will be encouraged to begin the Intermediate Coaching Accreditation to gain that accreditation, which will allow you to coach independently.

Gymnastics Australia, in partnership with the state/territory gymnastics associations, is committed to providing the highest standard of professional education courses and resources. To assist, we welcome your constructive comment for improvement at any time.

Coaching is an exciting area of work. You can create a career as a gymnastics coach at all levels or simply use it as a means to earn a living while studying for something else. The diversity of Gymnastics only contributes to this excitement and provides additional and enjoyable challenges. Should you require further information or details following the course please do not hesitate to contact your course coordinator, state/territory association or Gymnastics Australia.

Coach education is an ongoing process and this course is the first step of your journey.

We wish you well on your education journey and hope you have many enjoyable years of involvement within the sport of Gymnastics.

How to navigate the course

To the left you can see the topics which will be covered during the online Beginner Coaching Course.

Under each topic there are a number of pages and assessment tasks. Work through these pages and tasks at your own pace.

Use the menu on the left of this screen to navigate the online training. Alternatively you can use the Previous and Next buttons at the bottom of your screen to navigate.

Next >>

Beginner Coaching Course - Online

Not Started

Date Enrolled
01/04/2015 11:22
with jim Cole

Course Description

Welcome to the Beginner Coaching Course - Online

In this course, you will learn:

- How to manage a group for the first time
- What your roles and responsibilities are as a Beginner Coach
- Understand what the dominant movement patterns are and
- Identify of other key factors

View

Credits

- 4.00 CPD

Awards

- Beginner Coaching Course - Online

Other Information

- Contact - 111 Admin Administrator

Step 6:

As you navigate through, you will see at the bottom of the page 'Activity:' and 'Assessment' which needs to be completed. Click on the blue writing to begin the Assessment Tasks. You will need 100% on each Assessment Task to pass, you have unlimited attempts.



Click 'Start' in order to begin the Assessment Task, once complete, click on 'Proceed to the next course subject'

- This test must be completed in For credit mode
For credit

[Start](#)

Assessment Tasks

Assessment 1 - Gymnastics Coaching in Australia

You will find the Assessment Task below. When you are finished and have submitted your answers, you can use the link below to proceed to the next course subject.

[Proceed to the next course subject >>](#)

Alternatively you can click on the side bar to open the course content to navigate through the Beginner Coaching Course Online and the Assessments Tasks.

Beginner Coaching Online Course

- How to gain your Beginner Coach Accreditation
- Completing the Beginner Coach Online Course
- Gymnastics Coaching in Australia
- The Beginner Coach
- Legal Responsibilities of the Beginner Coach
- Coaching Styles
- Inclusion**
- Growth and Development of Your Participants
- Your Participants' Learning
- Communication to Improve Learning
- Group Management
- Working With Your Support Network
- Safety
- Planning and Conducting Your Gymnastics Session
- Components of Fitness for Gymnastics
- Teaching gymnastics
- Course Feedback

Beginner Coaching Online Course

How to navigate the course

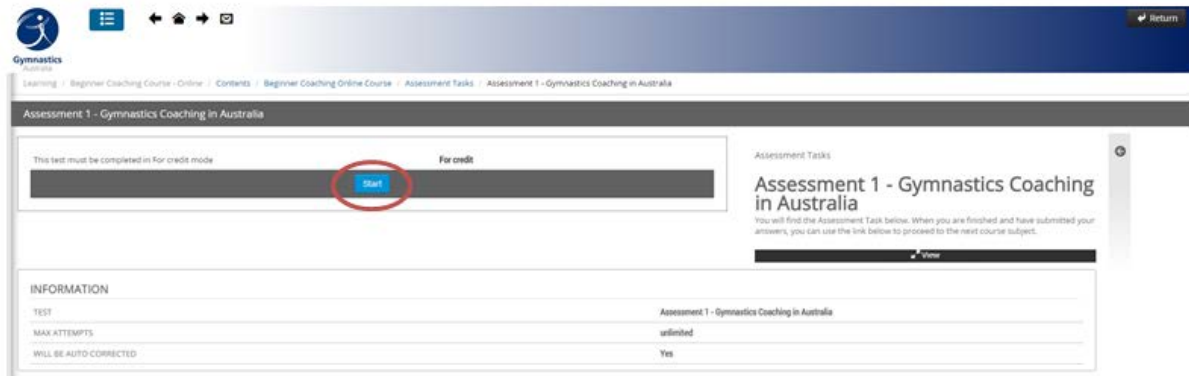
Assessment Tasks

- Assessment 1 - Gymnastics Coaching in Australia
- Assessment 2 - The Beginner Coach
- Assessment 3 - Legal Responsibilities of a Beginner Coach
- Assessment 4 - Coaching Styles
- Assessment 5 - Inclusion
- Assessment 6 - Growth and development of your participants
- Assessment 7 - Your participants' learning
- Assessment 8 - Communication to improve learning
- Assessment 9 - Group management
- Assessment 10 - Working with your support network
- Assessment 11 - Safety
- Assessment 12 - Planning and conducting your gymnastics session
- Assessment 13 - Components of fitness
- Assessment 14 - Teaching gymnastics

How to navigate the course

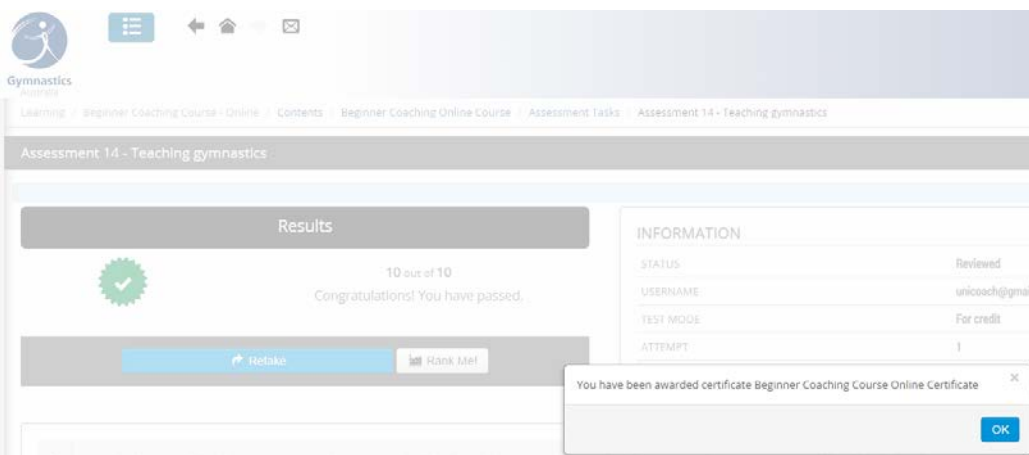
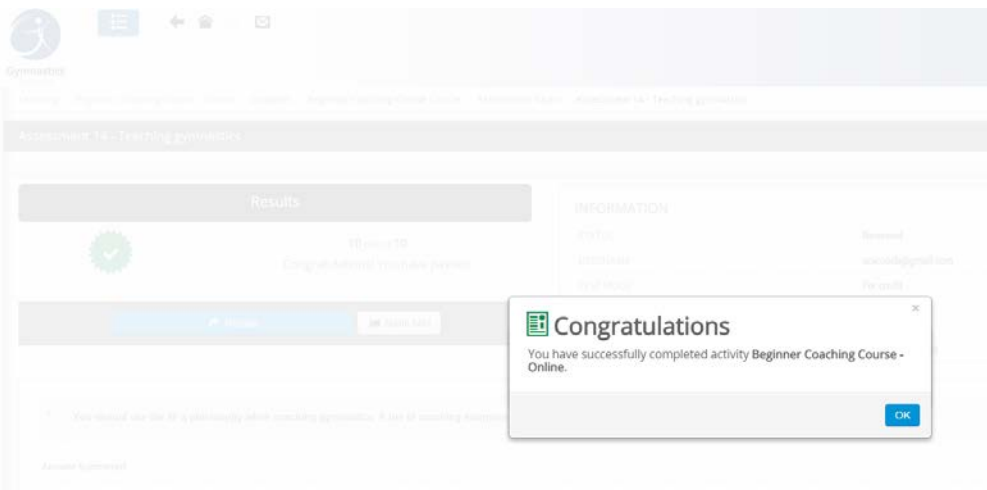
Step 7:

Click 'Start' in order to begin Assessment Task



Step 8:

Once you have successfully completed the course. The following will appear on your screen. This is confirmation you have passed.



Once you have completed all your pre-course work, your next step is to attend the Beginner Face to Face Course scheduled at your University and actively participate in classes and be deemed competent against the course practical requirements.

Once you have attended the Face to Face course, you will be an accredited Beginner Gymnastics Coach.

Congratulations! If you are interested in continuing along the coaching pathway, please click the link below for more information.

[Becoming an Intermediate Coach](#)