

Online Advanced Coaching Principles Course

## AER Spotting Log Book

Name: \_\_\_\_\_

Date: \_\_\_\_\_

The candidate must demonstrate they can spot / support the progressions for each of the skills listed in the Spotting Log Book to complete the assessment task.

Apparatus: Skills	Candidate signature I can spot these progressions	Mentor signature	Print mentor's full name	Date
TUMBLING SKILLS: Dive roll				
TUMBLING SKILLS: Handstand				
TUMBLING SKILLS: Cartwheel				
TUMBLING SKILLS: Round-off				