

## MAG Module 2-4: Spotting Log Book

Name: \_\_\_\_\_

Date: \_\_\_\_\_

The candidate must demonstrate they can spot / support the progressions for each of the skills listed in the Spotting Log Book to complete the assessment task.

Apparatus: Skills	Candidate signature I can spot these progressions	Mentor signature	Print mentor's full name	Date
HIGH BAR: Kip cast series				
HIGH BAR: Cast to support in series				
HIGH BAR: Cast to handstand				
HIGH BAR: Backward circle skills – clear				
HIGH BAR: Swing 1/2 turn to mixed grip				
HIGH BAR: Giant swing backwards				
HIGH BAR: Flyaway dismount				
RINGS: Cast into back swing				
RINGS: Inlocate				
RINGS: Dislocate				
RINGS: Layout dismount				

Apparatus: Skills	Candidate signature I can spot these progressions	Mentor signature	Print mentor's full name	Date
PARALLEL BARS: Kip and drop kip				
PARALLEL BARS: Back and front uprise				
PARALLEL BARS: Basket swing and upper arm swing				
PARALLEL BARS: Swing to handstand				
PARALLEL BARS: Swing to handstand dismount				

### Additional extension skills

These skills are not required for completion of the Assessment Task, however it's **strongly recommended** you learn how to spot these prior to attending the Advanced Face to Face Course.

**BARS:** Forward, backward circle skills – toe, stalder

**Note:** Be sure to upload both signed pages to the LMS to complete the assessment task.

## You must complete **two** Spotting Log Books

You'll need to complete both this Spotting Log Book and the Module 1 Spotting Log Book before attending the Module 2-4 Face to Face Course. See this page for more information: [gymnastics.org.au/spottinglogbook](http://gymnastics.org.au/spottinglogbook) or [download the Module 1 Spotting Log Book here](#).