

HIGH PERFORMANCE COACHING MASTERCLASS WITH PEGGY LIDDICK

FOCUS - POST COMPETITION SEASON SKILL UPGRADES & SPOTTING TECHNIQUES

@ THE STATE GYMNASTICS CENTRE, MELBOURNE

1 DAY OPTION

EARN 3 UPDATING POINTS

SUNDAY 11TH AUGUST 2019

THEORY WORKSHOP 10AM - 11:30AM

TRAINING IN ACTION 12-4PM

REGISTRATION FEE \$150

AFTERNOON TEA PROVIDED. BYO LUNCH

2 DAY OPTION

EARN 5 UPDATING POINTS

10TH AUGUST & 11TH AUGUST 2019

SATURDAY 8AM - 12PM TRAINING IN ACTION

&

SUNDAY 10AM - 11:30AM THEORY WORKSHOP

PLUS TRAINING IN ACTION 12-4PM

REGISTRATION FEE \$200

MORNING TEA & AFTERNOON TEA PROVIDED. BYO LUNCH

BOOK ONLINE AT:

<https://www.trybooking.com/BCNYD>

BOOKINGS CLOSE AUGUST 8TH

UNLESS SOLD OUT PRIOR



ENQUIRIES TO
ADMIN@ATHLETESUPPORT.ORG
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