

## RG Judging Courses Pre Course Information

### Your preparation prior to attending a course

Prior to attending the course we expect all candidates have a broad understanding of the content of the RG Australian Levels Program, and the information specific to the levels of accreditation you are pursuing. **Before you come to the course** it is **essential** that you work in the gym with athletes and meet with an experienced judge to develop a good understanding of the content you will be presented with during the course itself.

You have enrolled in an **Intermediate** course. The course accredits you to judge:

- **Stage 1 & 2 routines**
- **Individual difficulty Levels 3 - 6**
- **Individual artistry Levels 3 - 8**

The required reading for the course is the **RG Australian Levels Program (ALP)** manual and the **FIG 2017-2020 COP difficulties tables for leaps, balances and rotation elements**. There is a lot to cover in the two days.

### What to bring with you

Your copy of the RG Australian Levels Program, making sure you go to the GA website to check whether there are any relevant published clarifications.

- The **ALP manual** will be emailed to you by the course organizer.
- The **errata** is available on the Gymnastics Australia website, by following the menu options; Gymsports, Rhythmic Gymnastics, Competitive Framework and Programs [http://www.gymnastics.org.au/GA/Gymsports/Rhythmic Gymnastics/Competitive Framework and Programs/Shared Content/Gymsports/RG/RG\\_Programs.aspx?hkey=93eca13d-8696-4169-ab6d-08023b353d5a](http://www.gymnastics.org.au/GA/Gymsports/Rhythmic_Gymnastics/Competitive_Framework_and_Programs/Shared_Content/Gymsports/RG/RG_Programs.aspx?hkey=93eca13d-8696-4169-ab6d-08023b353d5a)
- Paper and pencils.
- Lunch.

### During the course

**Once you are at the course** you will be given a **Course Workbook**. If at any stage you would like concepts explained further please ask a question. Although throughout the course questions may arise that need further clarification, these will be noted by your presenter and followed up.

The **Intermediate** course includes a **theory exam** and a **practical exam**. The results from both these assessments will be used to determine whether a candidate passes the course. Presenters do not give out results. You will receive an email from the state office to indicate your individual results following an analysis of your assessment scores.

## Final checklist before attending a course

Have you



**Downloaded** a copy of the RG Australian levels Program



**Downloaded** a copy of the **FIG 2017-2020 COP**



**Read** through the relevant section of the RG Australian levels Program, especially the difficulty and artistry requirements



**Spent** some time in a gym looking at how the gymnasts perform the skills relevant to your level



**Talked** to other judges about how they practice their skills in relation to the RG Australian levels Program



**Checked** the time and venue for the course, packed your manual, some blank paper and pens ready for the learning ahead.

## Useful Links

Gymnastics Australia

[www.gymnastics.org.au](http://www.gymnastics.org.au)